

# Work Shift Template with Break/Lunch Schedule

Revised/Effective 8/28/2022

Weekday Shifts	1st Break	Lunch	2nd Break	Notes
8:00 - 5:00p	10:30 - 10:40a	12:00 - 1:00p	3:30 - 3:40p	2 10 min breaks, lunch before 1:00p
8:20 - 5:20p	10:45 - 10:55a	1:00 - 2:00p	3:45 - 3:55p	2 10 min breaks, lunch before 1:20p
9:45 - 6:45p	11:15 - 11:25a	2:00 - 3:00p	4:30 - 4:40p	2 10 min breaks, lunch before 2:45p
10:00 - 3:00p	11:30 - 11:40p	None	None	1 10 min break
10:45 - 6:45p	11:45 - 11:55p	3:00 - 3:30p	4:45 - 4:55p	2 10 min breaks, lunch before 3:45p

Weekend Shifts	1st Break	Lunch	2nd Break	Notes
8:30 - 5:15p	10:30 - 10:40a	12:00 - 12:45p	2:45 - 2:50p	2 10 min breaks, lunch before 1:30p
8:50 - 5:15p	10:45 - 10:55a	12:45 - 1:30p	3:00 - 3:10p	2 10 min breaks, lunch before 1:50p
9:30 - 3:15p	11:15 - 11:25a	12:30-1:00p	None	1 10 min break, lunch before 2:30 ("On Duty")
9:50 - 3:15p	11:30 - 11:40a	1:00-1:30p	None	1 10 min break, lunch before 2:50 ("On Duty")
10:00 - 5:15p	11:45 - 11:55p	1:30 - 2:15p	3:15 - 3:25p	2 10 min breaks, lunch before 3:00p
11:00 - 3:00p/4:00p	2:15 - 2:25p	None	None	1 10 min break